PAKISTAN BATTLES AGAINST TALIBAN, PG8

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VANCOUVER • TUESDAY, MAY 5, 2009
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Celebrity Buzz

Bisexuality not a trend for Pink

pg 18

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But pa, I can play in a rock 'n' roll band

SEMINAR Wealth managers at Bank of Montreal kept hearing the same things from Canada's richest families: Help me! My kids know nothing about money and will squander the family fortunes.

Two years later, the one-day seminar aimed at the grown children of what the bank calls its "high net worth families" has a waiting list, and is taking to the road to teach heirs and heiresses across Canada how to manage money.

"Levels of interest vary," admitted Jim Davies, the New-York based expert who teaches the day-long course. "You get one who says: 'I play the guitar and draw, and my father told me I have to go to this or he'd cut me off.'"

But the economic crisis has upped appetites for the seminar, aimed at teaching key generalities like how to set goals, balance a budget, and avoid getting swindled. **REUTERS**

ShareYourViews
vancouverletters@metronews.ca

Local pg 3

10 new cases of influenza

Please recycle

Pumped up For 2010

MINE SALKIN/FOR METRO VANCOUVER

Figure skating Olympic hopefuls Craig Buntin, left, and partner Meagan Duhamel show their enthusiasm for the 2010 Games at the Olympic Excellence Series at the Renaissance Hotel in Vancouver yesterday. The event brought together more than 90 Canadian athletes for four days of coaching, mentorship and team building. Story, pg. 3

Airlines fly own bill of passengers' rights

KRISTEN THOMPSON
kristen.thompson@metronews.ca

Canada's four largest airlines yesterday unveiled a legally binding passenger bill of rights in a pre-emptive move to keep the government from imposing costly new consumer protection legislation.

Air Canada, Air Canada Jazz, WestJet and Air Transat — which form the National Airlines Council of Canada (NACC) — proposed their new tariffs as an alternative to NDP MP Jim Maloway's private member's bill, which they said would hurt the industry.

Bill C-310, which is modelled after European legislation, proposes that travellers kept on a plane for more than 60 minutes before taking off be compensated $500 an hour.

It also suggests carriers pay up to $1,200 to travellers bumped off a flight longer than 3,500 kilometres.

Maloway told Metro Vancouver he's not out to "destroy the airline business."

"We have a very balanced approach," he said yesterday, adding that the bill includes exemptions for extraordinary circumstances.

Bill C-310

- Bill C-310 will be brought to the House of Commons for a second vote on Friday.
- If the carriers' bill is OK'd instead, the tariff changes could be in place by June.

"We're not going to penalize the airline for not flying in bad weather."

But the airlines said the bill is excessively punitive and, in response, submitted to the Canadian Transportation Agency alternative amendments.

The tariffs include offering, among other things, meal vouchers for four-hour delays and letting travellers off the plane if they're on the tarmac longer than 90 minutes.

George Petsikas, president of the NACC, said Bill C-310 was drafted with little consideration of the effect its provisions will have.

"In the current economic downturn, airlines are already struggling to provide service to their customers," he wrote in a May 3 letter to the House of Commons.

"(Airlines) would have to increase ticket prices substantially in order to recover the costs contemplated by the bill."

City women Top Model finalists

TELEVISION Two Vancouver-area women are among the 11 finalists for the upcoming season of Canada's Next Top Model, CTV announced yesterday.

Jill, 19, from Vancouver is enrolled in Women's Studies at Langara College. Maryam, 18, from North Van, is pursuing a Bachelor of Science at Simon Fraser University. CTV is not releasing their last names.

A third woman from B.C. also made it, 22-year-old Penticton-resident Alexandra.

Jill said that she has dreamed of living the glamorous life of a model from an early age. During high school, she worked at Toys "R" Us where she would stand at the Barbie section, looking at their outfits and taking notes.

Maryam, 18, immigrated to Canada from Iran two years ago.

She said she's grateful to have an opportunity to model.

"I've been in a country where I didn't have the freedom to think about it … there are models but they wear scarves," she said. "I want to represent all the exotic beauty of women that (are) in the Middle Eastern countries that nobody sees."

Canada's Next Top Model "Strikes a Pose" premières May 26. **METRO VANCOUVER**

CTV IMAGES

Maryam Jill

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Seoul & Gyeongju — FROM **$2172** taxes & fees included

INCLUDES accom, transportation, some meals, select sightseeing tours and admission fees on this 5-night guided tour of Seoul & Gyeongju. **HIGHLIGHTS** Folk Museum, DMZ Tour, Ginseng Centre, Bulkuksa Temple, Sugguram Grotto, Gyeongju National Museum and more. **ADD** roundtrip airfare to Seoul with Korean Airlines from $749 (taxes $205).

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INCLUDES accom, transportation, some meals, select sightseeing tours and admission fees on this 9-day guided tour of Korea's many UNESCO World Heritage site. **VISIT** Seoul, Jeju Island, Busan, Daegu, Gyeongju, Haeinsa, Andong, Gangneung & Mt Seoaraksan. **ADD** roundtrip airfare to Seoul with Korean Airlines from $749 (taxes $205).

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INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom.

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INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom.

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Green Day to play Independence Day
Green Day will be celebrating Fourth of July in Vancouver this year, their first Canadian performance after taking a three-year break from touring. Tickets to the pop punkers' Vancouver show at GM Place go on sale this Friday. The trio is touring to promote its eighth studio album, Century 21, which comes out May 15. METRO VANCOUVER

Local

Hero dog honoured

A four-legged hero from a small Kootenay town was honoured in Toronto yesterday for saving his owner's life during a bear attack. Jarod, an 8-year-old Chow Chow from Genelle, was inducted into the Purina Animal Hall of Fame for saving Donna Perrault and her other Chow, Meesha, from a bear attack in their yard. METRO VANCOUVER

Changes coming for Burrard Bridge

COMMUTING Vancouver city councillors are considering turning at least one — and possibly two — lanes on the Burrard Street Bridge into cyclist routes.

At a meeting this morning, councillors will be presented with three "relatively low-cost" options for trial lane re-allocation to improve the safety and experience of pedestrians and cyclists who currently share the bridge's sidewalks.

A similar six-month trial was attempted in 1996, but was abandoned after only a single week. Poor public communication was blamed as a contributing factor in its failure. Commuters complained that they didn't have enough advance warning.

Information from the trial, which will run through the summer and fall, will be used when a final decision on repairs and upgrades to the Burrard Street Bridge will be made in early 2010.

JEFF HODSON/METRO VANCOUVER

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WHAT'S ONLINE TODAY

Video Prairie treasure hunters are cashing in on valuable space debris dropped by last fall's meteor at **metronews.ca/canada**

Blogs Josey Vogels debuts her new blog, Sexcetera

Ten new flu cases

JEFF HODSON
jeff.hodson@metronews.ca

Influenza A (H1N1) does not appear to be any worse than normal seasonal influenza, Vancouver's chief medical health officer said yesterday, as the number of confirmed cases of the H1N1 flu jumped by 10 to a total of 39 in B.C.

The increase brings the number of lab-confirmed cases in Canada to 140, including the first "severe" case involving a young girl in Alberta.

"It appears to behave very similarly to our regular seasonal influenza viruses," said Dr. Patricia Daly, chief medical health officer for Vancouver Coastal Health.

"The spectrum of illness caused by H1N1 is similar to regular seasonal influenza … and it does not appear to be as easily transmitted as seasonal influenza."

Dr. Danuta Skowronski, the influenza lead at the B.C. Centre for Disease Control, agreed that the H1N1 virus is causing typical symptoms like fever and cough.

"However," Skowronski said. "It is a new influenza virus. It is still early days and we still don't have large numbers in Canada to fully know the extent of the problem."

JEFF HODSON/METRO VANCOUVER

Vancouver Coastal Health Chief Medical Health Officer Dr. Patricia Daly, with Mayor Gregor Robertson, speaks at a pandemic briefing at City Hall yesterday.

During a briefing on Vancouver's preparedness for a swine-flu pandemic, Daly said the health authority would not recommend that schools be closed, even if there are small clusters of H1N1 cases.

Kevin Wallinger, Vancouver's director of emergency management, said the city had updated its pandemic planning and an assessment of core services should there be a decrease in staffing levels.

City manager Penny Ballem said residents wouldn't notice any change in service levels.

Olympians past and present meet ahead of 2010 Games

VANCOUVER 2010 Games

MINÉ SALKIN
for Metro Vancouver

PREPARATION Olympic hopefuls are getting pumped up — physically and emotionally — with support from fellow athletes wanting to own the podium at the 2010 Games.

More than 90 athletes were mentored by coaches and former Olympic medallists throughout the weekend at the Olympic Excellence Series at the Renaissance Hotel in Downtown Vancouver.

"Being in the same room with athletes who have the same goals as us is inspiring. We'll be like a family by the time we get there."
Craig Buntin

Patrick Chan, an 18-year-old figure skater from Ottawa, said hearing past experiences from former Olympians is teaching him what obstacles to expect.

"I'm missing school for this," Chan said. "But it's really been preparing me mentally as well as physically."

Pair figure skaters Craig Buntin from North Vancouver, and Meagan Duhamel from Lively, Ont., said the event is taking away team rivalry between the Canadians and replacing it with confidence.

Buntin and Duhamel have ranked in the Top 10 in World Championships for the last two years running.

"Being in the same room with athletes who have the same goals as us is inspiring," Buntin said. "We'll be like a family by the time we get there."

"The Olympics aren't that much of a dream, because they're here," Duhamel said.

Canadian athletes made history this season in capturing 28 medals in the World Championships, topping both Germany and the United States.

News in brief

BURGER VOTE Carole James is the most delicious choice, according to burger lovers at a Vancouver restaurant that named sandwiches after B.C.'s three main party leaders. The James burger has been ordered by 51 per cent of customers, followed by the (Gordon) Campbell burger at 33, the (Jane) Sterk burger at 10 per cent and undecided at six.

POLL Two-thirds of British Columbians (66 per cent) surveyed said that protecting the environment should be given priority over economic growth, according to an Ipsos-Reid poll released yesterday.

DEATHS RCMP say they have a clearer picture of the events leading to the deaths of two teenagers found in an Abbotsford park. Mounties are asking witnesses to come forward before details can be made public.

ACCIDENT A young boy who was hit by a car in a Burnaby parking lot is lucky to have escaped with only minor bruises, police said yesterday. Witnesses said the boy had run away from his mother and was hit as she tried to call him back.

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Goin' with the flow

People in Abbotsford and Mission are being encouraged to turn in their old toilets for cash as part of a program to make bathroom renovations more environmentally friendly. Homeowners are being offered $50 for their old toilets to put toward a new low-flow model. **SOURCE: NEWS1130.COM**

Architect warns against residential ban

JEFF HODSON
jeff.hodson@metronews.ca

City councillors are considering a ban on residential development in Vancouver's downtown business core to ensure the city has enough office space for its future business needs.

But, a local architect warned, such a decision could have lasting impact on the look and feel of a city often ranked as one of the most livable on the planet.

"It's throwing the baby out with the bathwater," said Michael Geller, who was among a handful of people at a public consultation meeting on the topic (held during Game 4 of the Canucks/Blues series).

"It's like Houston or Cleveland," said Geller, an adjunct faculty member of SFU Centre for Sustainable Community Development.

"In fact, in most American towns and cities that don't have housing downtown, at six o'clock the (business) area becomes almost deserted."

Geller said mixed use (residential with office and commercial space) should be maintained in the area to ensure its vibrancy and to allow people to live near where they work.

Erecting larger buildings, streamlining approval processes, and shifting the tax burden to residential from non-residential could maintain office space, he said.

Further, said Geller, who ran as an NPA candidate in November's civic election, constructing office space together with housing, could subsidize its cost.

As an example, he points to Shaw Tower in Coal Harbour. It would never have been built in recent years if it didn't have the valuable condominiums on top, he said.

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Robbery puts Campbell's guards on alert

SAFETY A nearby robbery that led to an armed woman heading toward the hotel where B.C.'s premier was being interviewed prompted security guards to quickly take Gordon Campbell to a sealed room.

Campbell was speaking to a reporter at around 4:30 p.m. yesterday when an armed robbery took place at Montecristo Jewellers on West Hastings Street, according to CBC News Online.

A woman armed with a gun ran out of the jewelry store and in the direction of Campbell's hotel, prompting police to draw their weapons and make an arrest.

Campbell's security guards were alerted and reacted by whisking the premier away to safety.

It is not believed Campbell was targeted by the robbers. **METRO NEWS SERVICES**

News in brief

ALLEGATIONS Three Surrey men demanded the RCMP be investigated after they were allegedly beaten by officers and bitten by a police dog in what they say was a case of mistaken identity. The men say they were attacked in a raid on a Surrey apartment building in November, in which officers smashed their way into Emad Hovaizavi's home. Hovaizavi said police meant to raid apartment 206 and mistakenly forced their way into his apartment, 205.

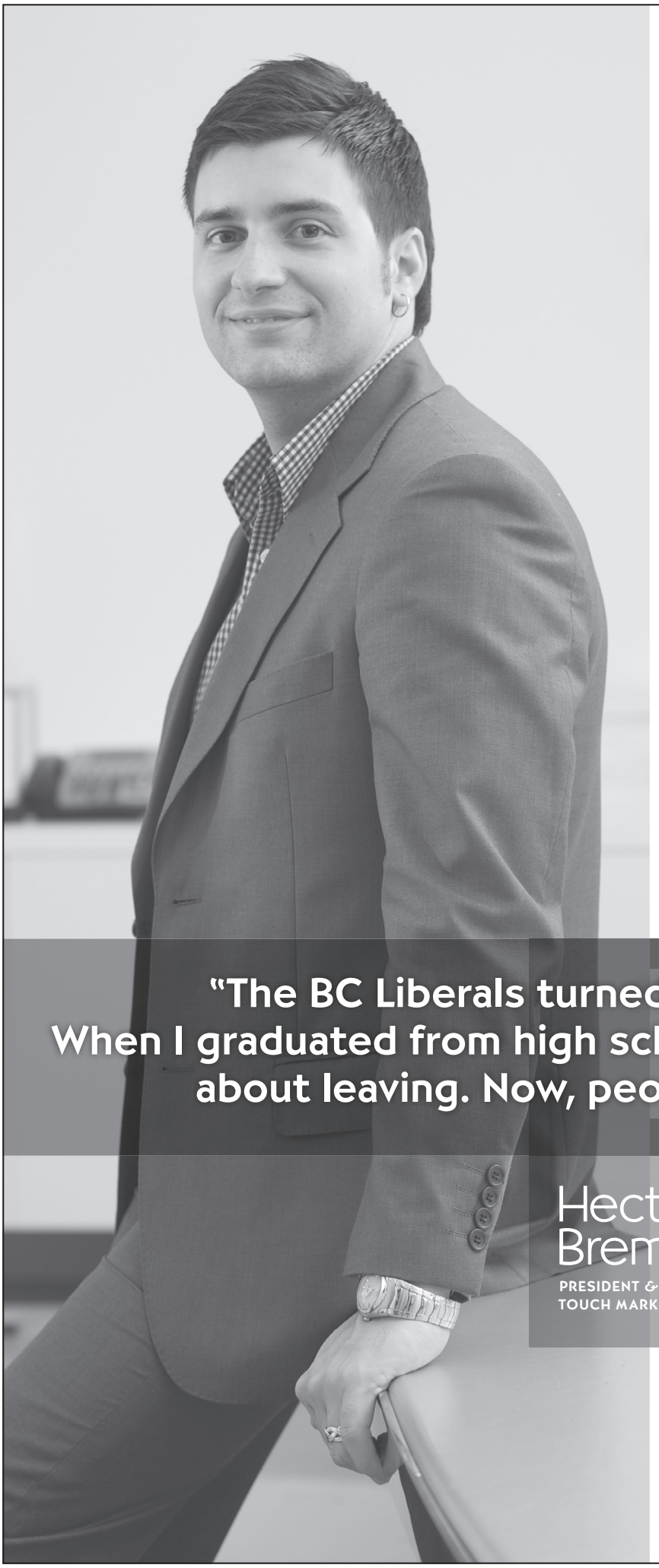
ARREST Police have arrested a 31-year-old man in connection with four bank robberies in Abbotsford last week after he was identified from surveillance footage. In each case, the suspect gave a note to the teller demanding cash.

HAZMAT Emergency crews returned to the scene of a recent explosion at an East Vancouver condo, this time for a hazmat incident, cknw.com reports. Crews were pulling down the side of the building when they found what they thought might be hazardous material.

LAWSUIT The B.C. Court of Appeal has turned down a request made by former students of New Westminster's Woodlands School to have allegations of abuse before 1974 considered in their lawsuit, cknw.com reports. The former students are suing the province.

GROW-OP A man and a woman have been arrested in Surrey after police raided a marijuana grow-op. The arrests came after police searched two properties and found hundreds of pot plants and more than a dozen 40-litre containers with a liquid used to make ecstasy.

METRO NEWS SERVICES



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Ottawa mayor pleads not guilty

Ottawa's mayor pleaded not guilty yesterday when he was formally arraigned in court on the first day of his criminal trial. Larry O'Brien faces charges of influence peddling after Terry Kilrea, his opponent in the 2006 municipal election, said O'Brien had offered to pay his campaign expenses. CBC NEWS ONLINE

Canada

Schreiber figure wrong: Testimony

A former spokesman for Brian Mulroney said he was never asked by his boss to correct the $300,000 payment figure circulating in the media that related to cash received from Karlheinz Schreiber because it would have been a waste of time. Luc Lavoie, testifying at the federal inquiry yesterday in Ottawa, said he had learned around 2002 that the amount Mulroney received for his services was less than the $300,000 figure cited by Schreiber. CBC NEWS ONLINE

Spending spree benefits delayed

INFRASTRUCTURE For all the talk of a multibillion-dollar spending spree on bridges, roads and hospitals, Canada's infrastructure companies are unlikely to reap financial benefits before year's end, analysts say. Canada plans to spend $40 billion over the next two years as it tries to dig out of a downturn. REUTERS

News in brief

SCHOOL Homework is of little benefit to elementary school students but can be useful for older students as long as it is not simply rote learning, says a report examining the issue. The report says in some cases homework can boost achievement and that older students seem "most likely to benefit from doing homework." TORSTAR NEWS SERVICE

Ottawa Salute to soldiers

TRACEY TONG/METRO CANADA

Netherlands Defence Attaché Lt.-Col. Henry Schevers, left, and Netherlands ambassador to Canada H.E. Wim Geerts pay their respects to those who died fighting for Dutch freedom after laying a wreath at the National War Memorial yesterday.

Election would be crapshoot: Pollster

Iggy's tough talk more of a warning, analysts claim

While the opposition Liberals are threatening to trigger a new election to protest against government handling of the economic crisis, there is no guarantee Canadians will be voting any time soon.

Liberal Leader Michael Ignatieff, buoyed by recent polling numbers, demanded on Sunday that the minority Conservative government make unemployment payments more generous to help Canadians ride out the recession.

"If the government will work with me, then we'll get it done. If they won't, then we'll have to have an election," he said after a party conference confirmed him as the new leader.

But analysts said Ignatieff's tough words were more of a warning to Prime Minister Stephen Harper than a genuine declaration that he is ready to bring down the Conservative government. They pointed to a host of reasons why an election might not happen soon.

Harper

First, Liberal support, though higher, is still not strong enough to guarantee even a narrow victory.

And to bring the Conservatives down the Liberals need the support of both of the other opposition parties in the House of Commons, neither of which may be in the mood to co-operate.

Nik Nanos, head of the Nanos Research polling firm, said an election now — Canada's fourth in five years — would "really be a crapshoot for either one of the main parties."

Two polls over the weekend put support for the Liberals at 36 per cent, compared with 33 per cent for the Tories. REUTERS

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Comment & Views

Comment

The new kings of pork?

NationalReport

Back in the days of Jean Chrétien, Conservatives had your proverbial field day cutting up the Liberals for the way grant money was distributed.

They would, quite correctly, point to large percentages of the funding going to Liberal-held ridings while very little went to the constituencies of opposition members. Very interesting, they said — and what a sham! The Grits were feathering the nests of their own supporters. Chrétien, said Alliance MP Jason Kenney, was "the king of pork."

The Conservatives vowed, of course, that, once in power, they would never do that kind of thing.

But now we have some news. It's been revealed that in regard to a $45-million program for disabled Canadians, Conservatives shovelled no less than 94 per cent of the funding to Conservative-held ridings. The other three parties, the Liberals, the NDP and the Bloc Québécois, divvied up the remaining six per cent.

The figures were released by Liberal MP Michael Savage, who examined the program, which is called the Enabling Accessibility Fund. What's going on is "pretty blatant," he said.

Human Resources Minister Diane Finley denied there was any favouritism involved in the process. "The awards are based on applications and the quality of those applications." In other words, she was suggesting it was just a coincidence that almost all the handicapped people in need just happened to be in Tory-held ridings.

Yes, Finley — and Elvis Presley is not only still alive, he's giving a concert in Moose Jaw tomorrow night. Given how bitterly partisan the Harper government has shown itself to be, no one should be surprised that this kind of thing is going on. The question is the extent of it. If it is so rampant in respect to one program, in how many others is it going on as well? If the Opposition can prove it is widespread, we may have new kings of pork.

The Liberals have difficulty scoring points on such issues. Given their record on the sponsorship scandal and Shawinigate they get beaned any time they complain about anyone else. Indeed, Finley remarked last week how rich it was of them to raise it.

But that shouldn't stop them — and the other opposition parties should be all over it. The Finley analysis would appear to suggest that if another government did it, so can we. But, of course, one of the reasons the Conservatives were elected was to clean up the previous government's act.

Judging by this file and several others dealing with clean government — secrecy, one-man rule, patronage, the Cadman affair, the in-and-out controversy, etc. — they have failed the test.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

MICHAEL DE ADDER

Worth mentioning

Saudi Arabia may change laws after man marries eight year old

LAWS Saudi Arabia may ban marriage for girls below 18, a government minister said after a case of an eight-year-old girl marrying a man more than 40 years her senior drew international criticism and embarrassed the kingdom.

"A girl below 18 is often not fit to take the family responsibility."
Justice Minister Mohammed al-Eissa

"Among the options that are available and excluding the issue of puberty, is to ban marriage for (people) under 18," Justice Minister Mohammed al-Eissa told Asharq al-Awsat newspaper.

He was responding to a question about his ministry's plan to deal with the marriage of young girls.

"A girl below 18 is often not fit to take the family responsibility, especially if she quickly gives birth (after marriage)," he said.

Saudi Arabia is a patriarchal society that applies an ascetic form of Sunni Islam which bans unrelated men and women from mixing and gives fathers the right to wed their sons and daughters to whomever they deem fit.

Many Saudi clerics, including the kingdom's chief cleric Grand Mufti Sheikh Abdul-Aziz Al al-Sheikh, endorse the practice of marrying underage girls, arguing that in doing so they avoid spinsterhood or the temptation of engaging in relationships outside the wedlock.

A 50-year-old man in the small Saudi town of Onaiza agreed this week to divorce his eight- year-old bride.

REUTERS

Views

Youth depression can be beat, if treated

David Venn

Dr. Stan Kutcher

Melissa was in my office crying. At 18 years old, she had just returned from college feeling like a failure. Her interest in her friends and school had declined, and she had spent much of the last month in her room, avoiding classes and drinking. In addition, she was sleeping poorly and was not eating very much.

During our chat, she confessed that she felt her life was not worth living, and had thought about ending it with a fistful of pills. She didn't think anything could help her feel better and would roll her eyes when I'd suggest something. Melissa was young, smart, attractive, considerate, thoughtful and depressed.

Depression is a mental disorder affecting about eight per cent of Canadian youth, usually starting between the years of 14 and 25. Depression is a serious illness that may negatively affect intimate relationships, academic and vocational success, and family relationships. Frequently, it's a lifelong problem — more than 70 per cent of teenagers who experience an episode of depression will have another episode within five years.

Stigma

• Because of the stigma attached to having a mental illness, some teens may choose to suffer in silence.

Depression can be successfully treated. However, many young people with depression do not get the help they need. It may be confused with "normal teenage behaviour," so instead of receiving help, the teen is ignored or criticized.

Fast-forward five months. Melissa bounced into my office. She didn't want to stay long because she was heading out with her friends. She laughed at one of her own jokes and teased me about my messy desk. Her mood was cheerful, and she was limiting her drinking to only a few beers on the weekends. She was sleeping better, working hard, and was spending her evenings out with friends or at dance class. She was planning to go back to university in the fall and wanted to study psychology to learn more about depression.

Melissa's story represents hope for young people living with depression. We know what depression is and how it can be helped.

It's time to stop stigmatizing people who have a brain disorder called depression and to encourage them to seek the treatment that can help. It's time to make sure the care that is needed is easily available. It's time Melissa's story is the norm, not the exception.

David Venn is a project co-ordinator on the Sun Life Financial Adolescent Mental Health Knowledge Translation Team. Dr. Stan Kutcher is the Sun Life Financial Chair in Adolescent Mental Health at Dalhousie University in Halifax, N.S.

Metro Online Poll Results

63% SAID YES	Should cities accept corporate sponsorship to offset infrastructure costs?	38% SAID NO

Weigh in on today's question at metronews.ca

It's your turn to tell others what you think. Email your thoughts and opinions to: vancouverletters@metronews.ca
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

Nepal's PM steps down

Nepal's Maoist Prime Minister Prachanda resigned after a crisis sparked by his sacking of the country's army chief, plunging the Himalayan republic into a political turmoil. The one-year-old Maoist-led government fired Gen. Rookmangud Katawal on Sunday, accusing him of refusing to accept the supremacy of the civilian government. REUTERS

World

Boston Globe stays alive, for now

The Boston Globe's biggest union won some breathing space after its owner, the New York Times Co., said it will not file notice of its intention to close the newspaper, at least for now. Six of the seven unions representing employees of the money-losing Globe reached tentative agreements with Times Co., which has threatened to shut the 137-year-old newspaper unless it agrees to $20 million US in concessions. But the future of New England's largest newspaper remained in doubt yesterday. REUTERS

Pakistan battles Taliban

Widening influence of militants worries Americans

Pakistani forces battled Taliban fighters yesterday as the militants denounced the army and government as U.S. stooges and said a peace pact would end unless the government halted its offensive.

The February pact and spreading Taliban influence have raised alarm in the United States about the ability of nuclear-armed Pakistan — important in efforts to stabilize Afghanistan — to stand up to the militants.

Last month, U.S. Secretary of State Hillary Clinton accused Islamabad of abdicating to the Taliban while U.S. President Barack Obama expressed grave concern the government was "very fragile" and unable to deliver basic services.

Obama will present his strategy for defeating al-Qaida to Pakistan and Afghanistan leaders tomorrow amid growing U.S. concern it is losing the Afghan war.

FAISAL MAHMOOD/REUTERS

Supporters of the Sunni Tehreek religious party take part in an anti-Taliban and anti-U.S. march through Islamabad yesterday.

In the Buner valley, 100 kilometres northwest of the Pakistani capital, security forces backed by helicopter gunships and artillery attacked militants in three hamlets yesterday, residents and security officials said.

"There's been heavy firing going on since morning. It's very scary. Troops are using heavy artillery and gunships," resident Nasir Khan told Reuters by telephone.

A military spokesman said seven militants, including a commander, were killed. One soldier was killed and three wounded.

The militants were also using about 2,000 villagers as human shields, the military said.

Buner is to the southeast of the Swat valley, where in February authorities gave in to a Taliban demand for Islamic sharia law.

REUTERS

WHO undecided if H1N1 is a pandemic

VIRUS The World Health Organization is keeping a close eye on the spread of the H1N1 virus outside North America as it tries to decide whether to declare a pandemic, a top official said yesterday.

Keiji Fukuda, the WHO's acting assistant director-general, said most of the people infected in Europe and Asia to date had been to Mexico, the outbreak epicentre, and had not caught the virus from the community-at-large.

It remains unclear when, or if, the United Nations agency will raise its pandemic alert to the top of its six-point scale and activate emergency response plans to fight the virus known popularly as "swine flu."

"We continue to see a number of infections related to travel in a number of different countries," Fukuda said in Geneva, where the WHO is headquartered.

REUTERS

Infections

- The WHO has confirmed 1,025 infections, including 26 deaths, in 20 countries around the world.

News in brief

PROPOSAL U.S. President Barack Obama vowed yesterday to overhaul tax policies that he said reward companies for shifting U.S. jobs overseas and allow wealthy people to evade taxes using offshore accounts. REUTERS

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India **Going to market**

JITENDRA PRAKASH/REUTERS

Farmers transport watermelons on their camels on the banks of the Ganges River to sell at a market in the northern Indian city of Allahabad yesterday.

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Karzai blasted for VP choice

Afghan President Hamid Karzai registered to run for re-election yesterday, but was criticized for naming a former guerrilla chief accused of rights abuses as his senior running mate.

As the Aug. 20 election draws closer, Karzai appears to be approaching an all but unassailable position, with the opposition struggling to name a contender with a broad enough support base to win.

"I have taken this decision for the welfare and interest of the people of Afghanistan," Karzai, who has led Afghanistan since 2001, said of his decision to seek a second term.

Hamid Karzai

"We will endeavour to bring security, peace and tranquillity to Afghanistan," he told reporters outside the offices of the electoral commission. "As in the past, we will make mistakes ... but we will be in the service of the Afghan nation."

Karzai selected former Defence Minister Mohammad Qasim Fahim as his senior vice-president, ignoring the pleas of the head of the United Nations mission in Afghanistan who met the president several times in recent days to persuade him to pick someone else.

UN envoy Kai Eide was "saddened" and "disturbed" by the choice of Fahim, a one-time guerrilla chief rights groups have linked to accusations of abuse, said a source close to Eide.

REUTERS

Australia chided for its climate plan

CARBON Australia needs to declare its commitment to cut carbon emissions before the Copenhagen summit in December or risk weakening the outcome of global climate talks, the head of the UN climate panel said yesterday.

Australia announced a one-year delay an major changes to its carbon trading plans yesterday, citing the global economic recession for the need to delay the start date until July 2011.

REUTERS

GM takes $500 million in Canadian loans

General Motors Corp.'s Canadian unit accepted $500 million in short-term loans from the federal and Ontario governments yesterday to help it restructure in time to qualify for longer-term aid. The funding is to be used only for working capital while GM revamps ahead of a June 1 deadline imposed by Washington and Ottawa. REUTERS

Business

DOLLAR		OIL	TSX
0.90¢	C$ 85.22¢ US	$54.47 US	9,870.37
	US$ $1.1735	$1.27	373.41

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

RIM upgrading smartphone

New version of BlackBerry Storm to aid retail market push

Research In Motion is planning a next-generation version of its touchscreen BlackBerry Storm smartphone as part of a continuing push into the retail market, its co-CEO said yesterday.

"We see this very large and untapped consumer market," Jim Balsillie said during a presentation to analysts and investors, adding that more than half of RIM's 25 million subscribers now fall into the non-corporate category.

Asked about whether the Storm — which debuted to mixed media reviews last year — has been a hit, Balsillie said "that product was a huge success in terms of sales and adoption."

Balsillie said Storm sales remain strong and added "we have next-generation devices with that and the whole roadmap."

Success of individual handsets is crucial to RIM, especially as it pushes deeper into the retail market, where consumer tastes can be fickle.

RIM has stacked its product lineup with consumer-friendly handsets like the Storm and the BlackBerry Pearl and loaded them up with multimedia features like photo-management software and music players.

REUTERS

RIM thriving in U.S.

- The latest data shows RIM is doing well: Research firm NPD Group reported yesterday that the company's BlackBerry Curve moved past Apple's iPhone to become the best-selling consumer smartphone in the U.S. in the first quarter.

JOHANNES EISELE/REUTERS

Sergio Marchionne, CEO of Fiat, arrives for a meeting in Berlin yesterday with Germany's political leaders.

Chrysler/Fiat union challenged

AUTO A group of investment funds sought yesterday to block Chrysler's planned alliance with Italian automaker Fiat SpA.

The dissenting lenders led by Oppenheimer Funds and Stairway Capital argued in a New York bankruptcy court that the sale proposal was "orchestrated entirely by the U.S. Treasury and foisted upon the debtors."

A lawyer for the group, Tom Lauria, said some identified publicly in the politically charged reorganization have received death threats, "which they perceive as being bona fide."

REUTERS

Business in brief

UNIONS Air Canada said yesterday it was seeking support from its unions for "a moratorium and other conditions on funding" its more than $3-billion pension deficit, but the CAW warned against gutting the pension plans.

RETIREMENT Hundreds of unionized employees at AbitibiBowater will likely be able to take long-planned early retirements after a Quebec judge ruled illegal the company's unilateral plan to amend their labour contracts. REUTERS

Protect Yourself from Swine Flu

You have heard a lot about swine flu lately. Some people are even visiting emergency rooms because they are worried.

There have only been a few cases in British Columbia. Those people have symptoms similar to seasonal flu. You can stay healthy by taking the same easy steps that you do during the regular flu season:

- When you sneeze, use a disposable tissue.
- Try to cough into your sleeve.
- Wash your hands often with soap and water.
- Avoid touching your eyes, nose or mouth.
- If you're sick, stay home.

If you are worried, the best place to start is not the emergency room. It is by getting the right answers. And we are here to help.

If you are feeling ill or have questions about swine flu, call HealthLink BC at 8-1-1 or visit www.fightflu.ca.

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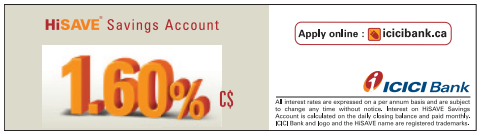
Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA



Investing

Allan Small

Allan Small discusses how important it is to diversify. Visit metronews.ca/investing to read this week's column.

R-E-S-P-E-C-T spells rich

Treat your wallet well and watch it swell

SmartCookies

metronews.ca/smartcookies

We base our human relationships on respect and kindness. But have your sized up your relationship with your finances? How do you treat what's in your wallet?

Smart Cookies believe that just like any other healthy relationship, your relationship with money needs to involve an element of respect and kindness.

Improving your "wealth health" as we like to call it, can be done in a few easy steps:

• Ask yourself: What does my wallet say about me?

Is your cash organized in a wallet or purse? Or are coins and bills crumpled and shoved away in a ragged old handbag? If you are serious about attracting more money into your life, you need to first treat the money you have with the respect and value it deserves.

• Make a list of how you are both respectful and disrespectful towards your money.

Do you spend money on others when you can't afford it? Do you wash your clothes, when they are still clean and could be worn a second time? Do you wait until the last minute and send a package with express delivery, when it could be sent regular mail, with just a little bit of planning?

We are willing to bet that in the instances in which you have respected your money, pleasurable things have happened, while in the other instances, you have experienced unhappy consequences.

• Be positive about money.

Being a Smart Cookie is not about doom and deprivation. Rather it is about focusing on the positives and attracting more money into your life. If you grew up believing that money was evil, that you needed to hoard your money, or that to want to make money is selfish, you likely still allow these beliefs to control you and the way you approach life.

> **"Pay yourself first. We've all heard this before, but are we actually doing it?"**

If you catch yourself talking about what you don't have, stop yourself. Instead, shift your thinking.

Start focusing on what you really want and how it will feel once you have it. And of course, be grateful for what you already have.

• Pay yourself first.

We've all heard this before, but are we actually doing it? Respect yourself and what your money can do for you in helping you reach your goals. Even if you can only afford $25 each month, make sure that that money is automatically transferred off the top each month into your dream fund.

• Respect your stuff.

Although material items are just that, you need to respect them, and the amount of money you spend on acquiring them. Think of all the money you could have, if you stopped spending money on replacing things.

For more on figuring out what you really want out of life, go to our website, smartcookies.com, and complete the "Perfect Day" exercise. You can email us at smartcookies@metronews.ca.

Tune in Monday nights at 10:30 p.m. EST/PST on the W Network and be sure to visit smartcookies.com for more tips.

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MoneyMatters

Even without a recession, your family should have a backup plan

Henry Choo Chong, CGA, can be reached at choochonghcga@yahoo.ca.

Q **Two months ago, my husband's company reduced his work-week to four days. Last week, the company put all employees on two days of work per week. Now we cannot meet our financial obligations.**

What can we do?

— Olivia

A To quote a certain popular figure south of our borders: "It will get worse before it gets better." With many financial institutions awash in red ink, it's not surprising that other industries will follow. This past weekend made history, as Chrysler sought bankruptcy protection and filed for Chapter 11. The ripple effect will be felt in Canada, with many sectors directly and indirectly related to the auto industry.

Part of a family's budget should have some contingency plan in place, in the event of circumstances such as yours. Under normal circumstances, the possibility of a partner's job loss should be considered. In our economy, it is much more of a reality.

Your husband should consider other employment, full-time and part-time. Seek other family support, if they are able. Cut all expenses that are not a necessity.

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Mine That Bird will bid for second leg of Triple Crown

Mine That Bird is headed to the Preakness. The trainer of the former Canadian two-year-old male champion who won the Kentucky Derby at 50-1 odds said his horse will run in the May 16 second leg of the Triple Crown. METRO NEWS SERVICES

Sports

"We all know who the real No. 1 is ... Quite frankly, I'm the best in the world."

Serena Williams at the Italian Open yesterday, on being overtaken in the WTA rankings two weeks ago by Dinara Safina. The Russian Safina, who holds the No. 1 ranking despite never winning a Grand Slam title, says her position is well-deserved. "Last year I won four titles," she said. "So I think I belong to this, because this doesn't come out of sky." METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

Hats off to Ovechkin

Alex Ovechkin notched his first career playoff hat trick, leading the Washington Capitals to a 4-3 decision over the Pittsburgh Penguins in Game 2 of their Eastern Conference semifinal battle in Washington last night.

David Steckel provided the other goal for the Capitals, who lead the set 2-0 and hadn't won the first two games of a playoff series since the 2003 Eastern quarterfinals against Tampa Bay.

Viktor Kozlov and Sergei Fedorov each contributed two assists and Simeon Varlamov stopped 33 shots.

Sidney Crosby equaled his Capitals counterpart with a three-goal game for the Penguins, who have not faced an 0-2 series deficit since the 2008 Stanley Cup Finals with Detroit.

Marc-Andre Fleury allowed four goals on 33 shots in the setback.

The series shifts back to Pittsburgh for Game 3 on Wednesday.

JIM YOUNG/REUTERS

Alex Ovechkin celebrates his third goal last night. The Capitals beat the Penguins, 4-3.

Ovechkin rocketed home a dish by Mike Green from the left circle, and the Caps led 3-2, with 7:07 left in regulation. The go-ahead score came just four seconds after Pens forward Evgeni Malkin was sent off for tripping.

Ovechkin finished off the hat trick almost 2½ minutes later, using Pittsburgh defenceman Sergei Gonchar as a screen and ripping a wrister high over Fleury's glove for a 4-2 Caps lead.

METRO NEWS SERVICES

Tonight

VS

5:00 p.m.
CBC/TEAM 1040

After losing for the first time this post-season, the Canucks are looking to hand the Blackhawks their first post-season loss on home ice. Chicago outscored Calgary 11-5 at the United Center in the opening round, but Vancouver is a perfect two-for-two on the road in the playoffs.

Triple Treat: Good things have come in threes for the Hawks in this series; Chicago has scored three goals in three different periods through the first two games. The Blackhawks have zero goals in the other three periods.

Black and Blue Liner: Ossi Vannanen draws into the lineup, as defenceman Sami Salo will miss at least one game with an undisclosed injury. The Canucks lost 11 of 15 games with Salo on the shelf during the season, but were victorious when he sat out game four against the Blues in the last round.

METRO NEWS SERVICES

SCOREBOARD

NHL

YESTERDAY'S RESULT
Washington 4 Pittsburgh 3

TONIGHT'S GAMES
Vancouver at Chicago
Detroit at Anaheim

NBA

YESTERDAY'S RESULTS
Orlando 95 Boston 90
Houston at L.A. Lakers

TONIGHT'S GAMES
Atlanta at Cleveland
Dallas at Denver

MLB

YESTERDAY'S AL RESULTS
Cleveland 9 Toronto 7 (12 ings)
Baltimore 8 Tampa Bay 4
Kansas City 3 Chicago White Sox 0
Minnesota 7 Detroit 2
Boston at N.Y. Yankees
L.A. Angels at Oakland
Texas at Seattle

YESTERDAY'S NL RESULTS
Chicago Cubs 4 San Francisco 2
Florida 3 Cincinnati 2 (14 ings)
Milwaukee 7 Pittsburgh 4
N.Y. Mets 6 Atlanta 4
Philadelphia 6 St. Louis 1
Washington 9 Houston 4
Colorado at San Diego

Naslund makes retirement official

NHL New York Rangers forward Markus Naslund officially decided yesterday to end his NHL career after 15 seasons.

The 35-year-old Swede and former Vancouver Canucks captain is retiring despite having one year left on the two-year contract he signed with the Rangers prior to the start of the 2008-09 season. METRO NEWS SERVICES

Finns top Canadians

WHC RESULT

Finland 4, Canada 3 (SO)

IIHF Hannes Hyvonen scored the game-winner in the shootout, as Finland earned its way into the quarterfinals with a 4-3 decision over Canada in the Group F finale. Niko Kapanen, Tuomas Pihlman and Anssi Salmela tallied for the Finns, who had to win in regulation in order to finish first in the group. Pekka Rinne stopped 29 shots in regulation. Dany Heatley picked up two goals for the Canadians, who finished first in Group F and will face Latvia, the fourth-place nation from Group E, in a Thursday quarterfinal. Dwayne Roloson made a spectacular 50 saves in regulation. METRO NEWS SERVICES

Sports in brief

NBA Dwight Howard scored 16 and pulled down 22 rebounds and the Orlando Magic, despite nearly blowing a 28-point third quarter lead, held off Boston 95-90 in the opener of their Eastern Conference semifinal series.

NBA LeBron James was named the NBA's Most Valuable Player yesterday. James garnered 1,172 points, including 109 first-place votes out of a possible 121. METRO NEWS SERVICES

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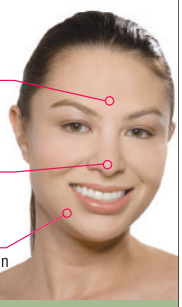

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Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Workout on the go

Fitness can happen anywhere, anytime, explains trainer

CELIA MILNE
for Metro Canada

ISTOCK PHOTO

According to personal trainer and author Jennifer Cohen, exercises you can do using your own body weight — like push-ups, sit-ups and squats — are the best workouts.

"I can't afford a gym." "I don't have time to exercise." These excuses just don't cut it, says personal trainer Jennifer Cohen.

She believes we can all get fit using our own body weight and what we have around us. "Exercise any time, anywhere, no excuses," is Cohen's motto.

Originally from Winnipeg and now living in L.A., Cohen is co-author (with Zoomer magazine's Suzanne Boyd) of No Gym Required: Unleash Your Inner Rock Star (Key Porter). She has trained Hollywood hottie Keanu Reeves as well as some of the Playboy Bunnies.

This dynamo has turned her philosophy "No Gym Required" into a brand, even developing shoes that help you burn 30 to 50 per cent more calories.

"I really believe the best exercises are the classics: Push-ups, sit-ups, squats and lunges," says Cohen. "Since all you need is your body weight and some motivation, you can actually do these at home, at the office, while travelling, and wherever the mood strikes you."

The "No Gym Required" philosophy starts with just doing something active whenever it occurs to you. "It sounds silly but just doing one small thing every day is a good habit which leads to further great lifestyle choices. If one day you commit to avoiding escalators, you are working out. Pretty soon that becomes a habit and you always avoid escalators," says Cohen.

You can even use trains, planes, cars and buses as mini-gyms. "When I'm traveling I like to do exercises where I tighten my muscles, hold the contraction for three to five seconds, and then relax before repeating," says Colen. "That way my workout is subtle and I still keep my body moving." When seated, lift your toes while keeping your heels planted and hold for five seconds before releasing and repeating. Or, put your bag, purse, or suitcase on your knees and do calf raises (lift your heel but keep your toes planted). You can even alternate heel, toes, heel, toes as long as you remember to keep the muscles tight for three to five seconds, she says.

To work your arms and shoulders while travelling, do tricep dips using your arm rests, as well as shrugs. Work your core by tightening your abdominal muscles. Be sure to engage the muscle and hold it for three to five seconds before repeating. "It won't exhaust you but if you do it right I guarantee you'll feel it!" says Cohen.

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Stella joins influential list

Stella McCartney has been named in Time magazine's list of the world's most influential people. The designer managed to find herself sandwiched between British Prime Minister Gordon Brown and U.S. President Barack Obama. FEMALEFIRST.CO.UK

Entertainment

Period drama

Sex And the City actress Sarah Jessica Parker is turning her back on ultra-modern fashion — she is eyeing a part in an elaborate period drama. "I'd love to do a costume drama," she said. FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

New chapter begins for Page as solo artist

Steven Page concedes he's had a rough time, but he has no regrets.

Minutes before making his solo debut on Sunday and taking a step into the future without the Barenaked Ladies, Page briefly talked about his former bandmates.

"There are a lot of things I'll miss about the band. They are my great friends," he said. "The time I've spent with them is what I'll probably miss the most. We made amazing music together, but no regrets. I feel good about the future, too."

Steven Page
GETTY IMAGES

Page, the band's former frontman, hosted a fundraiser for People for Education in Toronto.

In his first performance after leaving the iconic Canadian group in February, he sang What A Good Boy from the band's album Gordon for the packed hall.

Page said he was happy to perform for a good cause. "Anything that benefits people for education, benefits me and my family," said the singer, who has three children.

It was his first performance after drug charges against him in New York state were dropped last week.

"It's nice to have that behind me," he said. ... (I) feel like a big weight has been lifted."

Dale Young, a fan, was glad Page was back. "I'm happy he's made his comeback in a good cause. But it's always a shame when a band loses a member."

TORSTAR NEWS SERVICE

Boldly starting over

Star Trek recruits new actors to take over familiar roles

NED EHRBAR
for Metro Canada

In revitalizing the more than 40-year-old Star Trek franchise — which hits theatres Thursday — J.J. Abrams knew that no aspect was more important than casting the crew of the USS Enterprise.

PARAMOUNT PICTURES PHOTO

The crew of the USS Enterprise includes, from left, Chekov (Anton Yelchin), James T. Kirk (Chris Pine), Scotty (Simon Pegg), Bones (Karl Urban), Sulu (John Cho) and Uhura (Zoë Saldana).

And while the challenge of finding actors to take on some of the most recognizable characters in film and TV history was daunting, it was nothing compared to what the actors tasked with those roles faced.

In getting into the character of Spock, Zachary Quinto was lucky enough to have one of the best resources available right on set: Leonard Nimoy, the original Spock, who also appears in the film. "He was so available and supportive and open to my questions, many of which had to do more with the impact playing this character had on his life," Quinto says.

What came as a surprise to Quinto was how much time he ended up spending on one small but iconic aspect of Spock. "I did a lot of hand exercises to make sure I could do the Vulcan salute ... I would rubberband my pinky and my ring finger together and drive around L.A. because I couldn't do it at first."

While Quinto had the luxury of interacting with his predecessor, Chris Pine only had the long shadow of William Shatner to contend with. (The two actors didn't meet in person until two weeks ago.) But Pine says he preferred not having the original Capt. Kirk hanging around. "I won't lie, I am jealous of Zachary's relationship with Mr. Nimoy," Pine says. "But I know that if I had the kind of indomitable presence of Mr. Shatner on set, it would've been hard for me to carve my own niche."

John Cho, who inherits the role of Sulu from George Takei, also had to tread carefully when developing his character. "He's got that voice, and he's become quite the icon as a person and as an actor," Cho explains. "I flirted with the idea a little bit, but it seemed like a very bad idea to do an imitation."

Karl Urban felt doubly responsible. As the acerbic Dr. (Bones) McCoy, DeForest Kelly was a major scene-stealer, and Urban doesn't disappoint. "It was quite surreal to be on the bridge of the Enterprise and to be saying some of those truly iconic lines," he says.

"The task for me was to try and identify the spirit and essence of the wonderful work that DeForest Kelly did and funnel that through my interpretation of what that character would be."

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De Niro exhibit at University of Texas

A treasure trove of memorabilia from Robert De Niro's film career is to go on display at the University of Texas in Austin. The materials document the movie star's professional career from the 1960s through to 2005. FEMALEFIRST.CO.UK

DVD picks

The Curious Case of Benjamin Button

Director: David Fincher

A MAGICAL and moving account of a man living his life resoundingly in reverse, very loosely based on an F. Scott Fitzgerald short tale from 1922, it delivers top-notch moviemaking in every department. Most impressive of all is the digital breakthrough that allows Brad Pitt to age so convincingly from very old to very young, placing his face upon the forms of stand-in actors.

Nominated for multiple Oscars, include best picture and best director for David Fincher (Zodiac), the film tells the story of a baby, Benjamin, that is born in 1918 looking like a tiny old man.

The child is so alarmingly different, his father abandons him on the doorstep of a seniors' residence, where kindly Queenie (Taraji P. Henson), takes him in. It gradually dawns on Queenie that Benjamin is aging backwards.

As the years pass, a beautiful redheaded dancer named Daisy (Cate Blanchett) enters his life, and the two recognize that they are kindred spirits.

Daisy's dancing takes her to New York, Paris and back to New Orleans, following a timeline where her natural aging eventually intersects with Benjamin's unnatural youthfulness, with attendant complications of both heart and mind.

There is no abiding message. Just the wistful observation that life has a way of taking its own path, sometimes a backwards one, and we do have choices in how we travel it.

The bountiful extras, depending on which edition you purchase (there's also a Criterion Special Edition), fully explore the film's groundbreaking special effects.

Wendy and Lucy

Director: Kelly Reichardt

A LOST DOG makes for deeply felt drama in Wendy and Lucy, a film of inner turmoil painted on a minimalist's canvas.

The plot of director Kelly Reichardt's film, which she co-wrote with Jon Raymond (whose story Train Choir lit the spark), could be reduced to two lines: Woman loses dog. Woman searches for dog.

Around these mundane events, though, are a series of frustrating setbacks that help illuminate the reasons for the perpetually downtrodden expression of Indiana drifter Wendy Carroll (Michelle Williams).

Extras are few. Reichardt doesn't do commentary tracks. In her quirky manner, however, she does offer four experimental shorts by like-minded filmmakers.

TORSTAR NEWS SERVICE

HBO for the cure

New series focuses on Alzheimer's

It's been almost 15 years since former U.S. President Ronald Reagan told the world he had been diagnosed with Alzheimer's disease, hoping his disclosure would promote awareness of the heart-breaking brain disorder that slowly destroys memory.

HANDOUT/REUTERS

A scene from an episode of the HBO series The Alzheimer's Project.

Now, with an estimated 26 million people worldwide living with disease and a predicted 11 million by 2050 in the United States alone, a unique series by cable TV network HBO aims to change how people think of Alzheimer's so they will put time and money into finding a cure.

The unprecedented multi-platform series runs throughout May and features four documentaries, 15 short films, a book, a community outreach program and a website (HBO.com/alzheimers) covering every aspect of Alzheimer's.

"The numbers are growing at a rate that nobody ever fathomed. As baby-boomers age, it is coming right at us and we have to do something," said Maria Shriver, wife of California Governor Arnold Schwarzenegger and executive producer of The Alzheimer's Project.

"This is an epidemic for this generation. A cure is within our reach if we focus on it, allocate the money and pressure our lawmakers. If we don't, the impact has devastating consequences," Shriver said.

The Alzheimer's Project, starting on May 10, looks at the the disease's impact on victims, their families and caregivers. It also includes a science film that takes viewers inside the labs and clinics of 25 leading physicians and researchers.

While there is no cure for what is the most second-feared illness in America after cancer, the program concludes there are reasons to be optimistic.

"There are about 90 clinical trials under way in different phases," Shriver said. "There is a lot of hope within the scientific and research community that there is a cure out there, without saying the cure is around the corner."

Shriver has direct experience with the disease. Her father, long-time Washington figure Sargent Shriver, was diagnosed in 1983.

"When my father was diagnosed, this was not a disease that people wanted to talk about," Shriver said. "The more families sit down and have these open, honest conversations where everybody can air their questions and express their fears — that is empowering and really helpful." REUTERS

In brief

COURT The U.S. Supreme Court ordered a lower court yesterday to reconsider a ruling that struck down a $550,000 US fine against CBS Corp television stations for airing a glimpse of pop singer Janet Jackson's breast during the 2004 Super Bowl.

ADOPTION Malawi's Supreme Court of Appeal adjourned indefinitely yesterday a case in which Madonna is attempting to adopt a second child from the African country.

REUTERS

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primetime 5/5/09	251	308	3 CBC	NHL Hockey: Conf. Semifinal		TBA	TBA	To Be Announced		To Be Announced		(:05) The Hour
	255	358	6 JOY	E! News (N)	The Insider	The Biggest Loser The contestants must run a full marathon.				Dr. 90210 (N) (CC)		News (N)
	254	-	8 M	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		Metropia
	250	321	9 CTV	etalk (CC)	Hollywood	American Idol (CC)		(:01) Fringe (N) (PA) (CC)		Law & Order: SVU		News (N)
	-	-	10 OMNI	The Daily	Frasier (CC)	Islam 101 (CC)		Poltergeist: The Legacy		Scrubs (CC)	The Search	New Day
	252	336	11 GTV	Entertainment	ET Canada	NCIS "Legend" (N) (CC)		90210 "The Party's Over" (N)		Durham County (CC)		News (N)
	256	389	12 VI	Instant Star	TMZ (N) (CC)	Reaper (N) (CC)		Dancing With the Stars (CC)		(:01) Without a Trace (N)		News (N)
	253	359	13 CITY	Law & Order: SVU		Scrubs (N)	According-Jim	Rita Rocks	Friends (CC)	Curb-Enthsm	Friends (CC)	The List
	-	-	14 CW	Deal-No Deal	Deal-No Deal	Reaper (N) (CC)		90210 "The Party's Over" (N)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	NCIS "Legend" (N) (CC)		The Mentalist "Miss Red" (N)		(:01) Without a Trace (N)		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	The Biggest Loser The contestants must run a full marathon.				Law & Order: SVU		News (N)
	602	568	19 W	Will & Grace	Friends (CC)	Remedy Me	Keep Real	Style by Jury	Style by Jury	Miss Naked Beauty (N)		Maxed Out
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	Scrubs (N)	Better Off Ted	Dancing With the Stars (CC)		(:02) Cupid "Shipping Out" (N)		KOMO 4 News
	-	-	23 KVOS	M*A*S*H	Seinfeld	FX2: The Deadly Art of Illusion ★★★ (1991) Bryan Brown.				King	Still Standing	Scrubs (CC)
	291	383	27 PBS	Steves Europe	About-Money	Nova (CC) (DVS)		Frontline "Sex Slaves" (CC)		Independent Lens (CC)		About Us
	290	382	28 FOX	Two/Half Men	Two/Half Men	American Idol (CC)		(:01) Fringe (N) (PA) (CC)		News (N) (CC)		Family Guy
	-	364	29 PBS	Frontline "Sex Slaves" (CC)		My Hero	Summer Wine	Tavis Smiley	Charlie Rose (N) (CC)		Nova (CC) (DVS)	
	296	654	34 SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	Paid Program	Family Court	Paid Program
	298	653	35 TLA	Two/Half Men	Two/Half Men	Reaper (N) (CC)		90210 "The Party's Over" (N)		KTLA Prime News (CC)		Friends (CC)
	295	651	36 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Sex and-City	Friends (CC)	Friends (CC)	My Wife-Kids
	297	652	37 WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Sex and-City	According-Jim	Frasier (CC)	Frasier (CC)	Odd Couple
	199	311	76 STR	News (N)	News		Late Show-Letterman		Late Late Show		Will & Grace	Seinfeld
news	502	390	26 NW	CBC News: The National (N)		CBC News: The National		CBC News: The National		Bisexual Virgins (CC)		National
	500	500	38 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	MLB Baseball Arizona Diamondbacks at Los Angeles Dodgers. (Subject to Blackout) (Live)						Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	SportsCentre	NHL Hockey: Western Conference Semifinal Game 3 -- Red Wings at Ducks					SportsCentre (Live) (CC)		SportsCentre
	411	457	39 OLN	Dog the Bounty Hunter (CC)		Departures "Zambia" (CC)		Mantracker (CC)		Dog the Bounty Hunter (CC)		Departures
	410	403	24 SCR	Score Tonight		Hardcore Hockey Talk		Final Score	Final Score	Final Score	Final Score	Final Score
	417	406	25 SC	Hot Import	Hot Import	Pimp My Ride	Pass Time	Low Life	Low Life	Super Bikes!	Super Bikes!	Hot Import
	416	409	144 GLF	Fútbol: Corinthians vs. Santos		Gol TV News	Hallo Bundesliga		Gol TV News	Paid Program	Gol TV News	Gol TV News
family	552	543	42 YTV	Survive This	Survive This	Malcolm-Mid.	Futurama	Family Biz	Prank Patrol	Falcon Beach "Turn Card"		Mystery Hnt.
	555	545	50 TEL	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Chicken	American Dad	Moral Orel
	557	541	51 FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	55 TRE	Big Comfy	Zigby Game.	Max & Ruby	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	Franklin	Big Comfy
cable variety	268	354	5 KNO	Gardens	Recreat. Eden	New York: A Documentary Film (CC) (DVS)					Driving	Driving
	575	583	60 CMT	Hope & Faith	Hope & Faith	Toby Keith: One on One		Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith
	570	580	70 MM	Degrassi: TNG	Degrassi: TNG	One Tree Hill (CC)		CollegeHmr	Video on Trial	MuchVibe		Spotlight
	600	564	69 H&G	House	House	Holmes on Homes (CC)		SarahCottage	Design Inc.	HGTV's Top	Dirty Business	House
	615	520	61 A&E	The First 48 (CC)		Manhunters	Manhunters	The First 48 (CC)		The First 48 (CC)		The First 48
	628	584	62 SPKE	Deadliest Warrior (N)		The Ultimate Fighter		CSI: NY "People With Money"		Spike's Most Amazing Videos		Disorderly
	521	560	74 TLC	Flo & Kay: Twin Savants		Lottery Changed My Life III		18 Kids-Count	18 Kids-Count	Flo & Kay: Twin Savants		Kids by Dozen
	616	522	63 SHO	The Outer Limits (CC)		Mutant X "Nothing to Fear"		Testees (CC)	Trailer Park	Saving Grace (CC)		House (CC)
	620	523	70 BVO	Johnny Cash	Bravonews	Law & Order (CC)		Without a Trace "Satellites"		Cheaters ★★★ (2000) Jeff Daniels. (CC)		
	601	562	41 SLC	Rich Bride, Poor Bride (CC)		ET Canada	Til Debt-Part	Real Housewives OC		Trading Spouses		Paradise Hotel
	520	505	72 DIS	Deadliest Catch (N) (CC)		Daily Planet (CC)		Destroyed	Time Warp	Deadliest Catch (CC)		How It's Made
	522	506	44 HIS	NCIS "About Face" (CC)		Sandhogs "Meltdown" (CC)		Crime Stories (CC)		NCIS "About Face" (CC)		Marine Mach.
	627	528	45 SPC	Star Trk: Cntct	Star Trek	Stargate SG-1 "Shadow Play"		Star Trek: Next Gener.		Star Trek: First Contact ★★★ (1996) (CC)		
	294	650	67 TBS	The Office	My Boys (N)	The Office	Seinfeld	Sex and-City	Sex and-City	Friends (CC)	Cool Runnings ★★★ (1993)	
	619	525	68 TROP	Vanity	Tube Tales	Tube Tales	Seinfeld	Seinfeld	Raymond	Family Guy	Married... With	Seinfeld
	603	561	69 FN	Good Eats	Good Eats	Iron Chef America (CC)		Unwrapped	Unwrapped	The F Word		Good Eats
	626	547	57 COM	Air Farce	Just for Laughs (CC)		Corner Gas	The Simpsons	South Park	Roast of Pamela Anderson		Daily Show
	320	621	80 CEN	Fred Claus ★★ (2007, Comedy) Vince Vaughn, Paul Giamatti.				Wild West Comedy Show			(:45) Across the Universe (CC)	
	581	566	101 MTV	College Life	Beatdown	MTV Live	After	Fantasy Fact.	Nitro Circus	College Life	Beatdown	MTV Live
	261	394	102 V	I Prophesy	Supernatural	Poltergeist: The Legacy		Annie Hall ★★★★ (1977) Woody Allen, Diane Keaton. (CC)				Paid Program
	-	-	105 MUL	Eight Heroes	Mom's-Upset	Il Caffe		In Germany	Euromaxx	Schauplatz	Euro. Journal	Patrol World

critics' corner

Fringe

Olivia (Anna Torv) starts having elaborate (and wide-awake) visions. Walter (John Noble) confesses his previous knowledge about the Z.F.T. manifesto. Peter's (Joshua Jackson) secret project is exposed, yielding some unexpected help in unraveling the mystery in the new episode "The Road Not Taken." 9:01 PM on CTV FOX

Saving Grace

Get your protective gear on because the season finale packs multiple wallops. Leon's (Bokeem Woodbine) execution date is fast approaching, and Grace (Holly Hunter) is trying desperately to get him a pardon. But she's more than a little freaked out when she has a dream about being shot ... and finding out Rhetta (Laura San Giacomo) had the same dream. Earl (Leon Rippy) pays Leon a visit in the death house in "I Believe in Angels." 10 PM on SHO

Jackman crossing over

Hugh Jackman will produce and star in a screen adaptation of Doug TenNapel's graphic novel Ghostopolis, about a supernatural immigration task force agent who teams up with a female ghost to retrieve a boy accidentally sent to the other side. THE HOLLYWOOD REPORTER

Celebrity Buzz

Meeting Bruno traumatic: Paula

PEOPLE Paula Abdul says meeting Sacha Baron Cohen in character left her traumatized for a year, femalefirst.co.uk reports.

The American Idol judge — who had no idea she was being filmed for Cohen's latest alter-ego, flamboyant Austrian fashion reporter Bruno, for his new movie — said: "It was hysterical, but it was so disturbing.

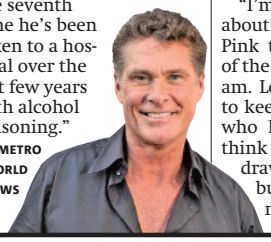
"It is the most interesting, wacked-out situation that happened to me. I was scarred for my life for a year. I walk into the home, and I'm greeted by this futuristic Captain Nemo-looking dude with a Mohawk and he's flaming. And I'm going, 'Oh, this is going to be one of those fun Japanese game shows.' I'm like, 'OK, this is weird.'"

METRO WORLD NEWS

The Hoff suffers alcohol poisoning?

HEALTH David Hasselhoff was reportedly found unconscious at his home in Encino, Calif., due to alcohol poisoning, according to radaronline.com.

He was allegedly "barely breathing when they got him to the hospital," a source reportedly says to the website. "This is about the seventh time he's been taken to a hospital over the last few years with alcohol poisoning."



METRO WORLD NEWS

Not retiring yet: Naomi

CAREER The supermodel Naomi Campbell has herself dismissed reports she's retiring from the runway to start a family — and says she's not finished with fashion yet, femalefirst.co.uk reports.

The 39-year-old recently revealed she dreams of motherhood and one day plans to slow down her career — prompting speculation she wants to retire and settle down with tycoon boyfriend Vladislav Doronin.

She said, "It'll be 25 years (as a model) next year. In terms of fashion shows, I don't really see myself doing every show everywhere. I'm a woman and I'd like to be a mother one day."

But she's not ready to quit just yet. Her spokesperson told the website earlier this week, "She's absolutely not retiring from fashion. She loves what she does for a living and she's not planning to retire."

METRO NEWS SERVICES

Arnie's Terminator passé: Bale

MOVIES Christian Bale says Arnold Schwarzenegger is no longer relevant to the Terminator movie franchise, femalefirst.co.uk reports.

The Terminator Salvation star — who stars in the forthcoming latest installment of the sci-fi series — says the new blockbuster is dramatically different from when the 61-year-old actor-turned-politician played the title character in 1984.

He said: "Terminator 2 is the original nightmare of just being pursued that everyone has, by somebody who just will not stop, never stops, doesn't give up. When you've got someone who looked like Schwarzenegger coming after you it made a big difference but nowadays, it wouldn't really — we've seen so many guys who imitated him and it just became a little passé."

Although pleased with the results, Bale says disassociating the movie from Schwarzenegger's cyborg assassin role in the sci-fi hit The Terminator was a challenge.

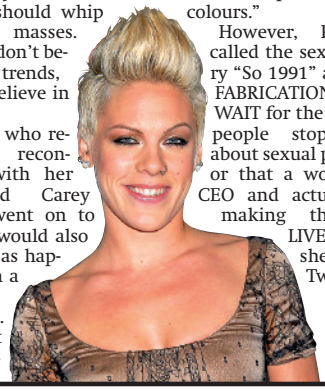
METRO NEWS SERVICES

Not just a song: Pink's coming out

SEXUALITY Grammy-winning singer Pink has talked about her sexual encounters with women in the past — but in a new interview, the singer talks for the first time about being bisexual, The Advocate reports.

"I'm not embarrassed about being bisexual," Pink told the U.K.'s News of the World. "This is who I am. Love is pure and I try to keep it that way. This is who I am, what I feel. I think it's unnecessary to draw the subject out, but I think it even more stupid not to discuss it. It seems as if bisexuality is a trend and I should whip up the masses. Well, I don't believe in trends, I just believe in me."

Pink, who recently reconciled with her husband Carey Hart, went on to say, "I would also be just as happy with a new woman. I'm not complicated, I sing about love in all its shapes, forms and colours."



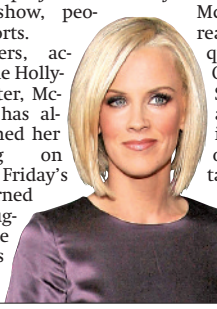
However, Pink has called the sexuality story "So 1991" and "100% FABRICATION." "Cant WAIT for the day when people stop talking about sexual preference or that a woman is a CEO and actually start making the world LIVEABLE," she wrote on Twitter.

METRO NEWS SERVICES

Jenny heads to TV land?

TELEVISION The outspoken Jenny McCarthy is joining forces with TV's queen of talk, Oprah Winfrey — for, among other projects, her own talk show, people.com reports.

For starters, according to the Hollywood Reporter, McCarthy, 36, has already launched her own blog on oprah.com. Friday's entry concerned PMS and sugar. The trade paper likens McCarthy's chances to break through to those others who previously have aligned with Winfrey, including Rachael Ray and Dr. Phil.



McCarthy has already been a frequent guest on The Oprah Winfrey Show, discussing, among other topics, how she took on the medical establishment to deal with her son Evan's autism.

METRO NEWS SERVICES

Maggie and Peter wed

MARRIAGE Maggie Gyllenhaal and Peter Sarsgaard made it official on Saturday: The longtime couple, who have a daughter together, tied the knot in a romantic wedding in Italy, people.com reports.

"We are happy to confirm that Maggie and Peter were married on Saturday, May 2," the actress' rep said in a statement to People. The celebration took place in a small chapel in Brindisi, according to European news reports. Among the guests were Jake Gyllenhaal and Reese Witherspoon.

GETTY IMAGES

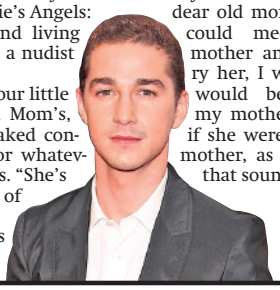
METRO NEWS SERVICES

Shia's Oedipus complex?

CONFESSION Transformers star Shia LaBeouf opens up to Playboy, telling the magazine about the trials of going through puberty on the set of Charlie's Angels: Full Throttle and living in a home with a nudist mother.

"You've got your little buds over, and Mom's, like, playing naked connect the dots or whatever," LaBeouf says. "She's in the middle of goddess-group time, where it's literally a bunch of naked women tracing auras around one another's bodies."

When asked who he finds sexy, LaBeouf says it's dear old mom. "If I could meet my mother and marry her, I would. I would be with my mother now, if she weren't my mother, as sick as that sounds."



METRO WORLD NEWS

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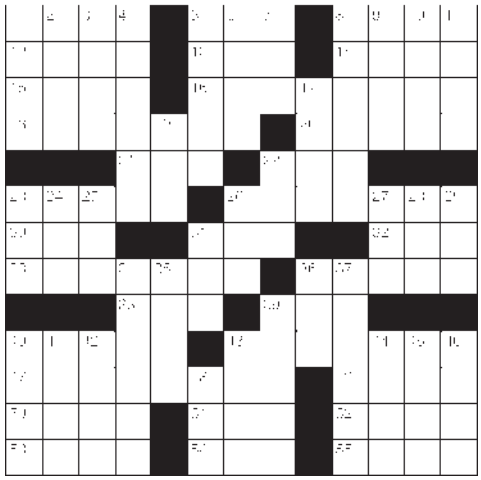
Take Five



Crossword across

1 Amorphous movie monster
5 Zero
8 Cold War initials
12 Philbin's co-host
13 Raw rock
14 Entreaty
15 Exam format
16 Michael Jackson step
18 Portable music player
20 Two under par
21 Help
22 Supporting
23 NYC borough
26 Authoritative command
30 Oklahoma city
31 April 15 payment
32 — de deux
33 — bread
36 Become less intense
38 Boston team, for short
39 Make marginalia
40 Marble type
43 Wacko
47 Courtroom agenda
49 Get wind of
50 Duel tool
51 Bookie's due, briefly
52 Therefore
53 Line of fashion?
54 Hearty brew
55 Serves the purpose

Crossword down

1 Forehead
2 Old Italian money
3 October birthstone
4 Romanian, e.g.
5 Wanderer
6 Press
7 Zodiac cat
8 To the sky
9 Refinery waste
10 Hawk
11 Croupier's tool
17 Night light?
19 Blend
22 Send quickly
23 Foul
24 Mineral stat
25 Feedbag tidbit
26 Welcome sight?
27 Suitable
28 Greek cross
29 Kreskin's claim
31 Monkey suit
34 Honour
35 Yuletide refrain
36 Parcel of land
37 Left a good impression?
39 Arbiter
40 Experts
41 Stare open-mouthed
42 Cruising
43 Perform perfectly
44 Re planes
45 Wise one
46 Cupid's alias
48 Eggs

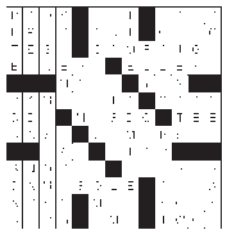
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	6	2	1					7
				2	6		8	3
	4	8						
		3		4				5
	1						2	
8				5		7		
						1	5	
1	2		5	9				
5					7	8	4	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



4	6	7	5	3	2	1	9	8
9	1	5	8	4	6	3	2	7
2	8	3	9	1	7	4	6	5
5	9	1	6	8	4	2	7	3
3	2	6	7	5	9	8	1	4
8	7	4	1	2	3	6	5	9
7	4	8	2	6	5	9	3	1
6	3	9	4	7	1	5	8	2
1	5	2	3	9	8	7	4	6

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Pesto Fish Cakes

INGREDIENTS:

1 lb (500 g) potatoes, peeled and cut into cubes
3/4 lb (375 g) skinless firm white fish fillets
6 3/4 tbsp (100 ml) 1 per cent milk
salt and freshly ground black pepper
3 scallions, finely chopped
finely grated zest of 1 lemon
2 tbsp (25 ml) pre-made pesto
1/4 cup (50 ml) plain flour
1 cup (250 ml) fresh whole-wheat breadcrumbs
1/4 cup (50 ml) grated parmesan
1 large egg, beaten
8 small tomatoes, halved
sprigs of fresh flat-leaf parsley to garnish

METHOD:

1. Cook potatoes in pot of boiling water until tender, 15 minutes.
2. Put fish in deep non-stick frying pan with milk and seasoning. Bring almost to boiling, then reduce heat, cover and poach until flakes when tested with a fork, 5 minutes. Remove fish and flake flesh, discarding bones. Reserve milk.
3. Drain potatoes and mash. Add fish to potatoes with scallions, lemon zest, pesto and 1 1/2 tbsp (20 ml) poaching milk for soft mixture. Season to taste. Allow mixture to cool.
4. Shape fish mixture into eight thick flat cakes and dust all over with flour. Combine breadcrumbs and parmesan on plate. Coat fish cakes in beaten egg and then crumbs. Chill until ready to cook.
5. Preheat oven to 375 F (190 C). Place the fish cakes on non-stick baking tray with halved tomatoes. Bake 20 minutes. Serve garnished with parsley.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
Don't let anybody tell you how to act. There's no such a thing as too much fun. Make a diversion after a dim-witted dispute.

TAURUS ♉
APRIL 21-MAY 21
Your contribution is appreciated. Truthfulness is at stake during a wild excursion. Make things right with your heart.

GEMINI ♊
MAY 22-JUNE 21
An impromptu remark limits chances to dazzle others. Indulge yourself with a bath to calm down. Be appreciative to those who contribute.

CANCER ♋
JUNE 22-JULY 22
A digestive problem is affected by anxiety. Stop anticipating a change in strategy. A former friend will sway other people's opinions.

LEO ♌
JULY 23-AUG 23
Plan activities that rest your mind. Withdraw from an alliance with a spendthrift. A hassle results when a folder is rearranged.

VIRGO ♍
AUG 24-SEPT 22
You'll learn something from a grateful person. Don't torment yourself after a quarrel. The secret solution to a late call is to be unavailable.

LIBRA ♎
SEPT 23-OCT 23
Open your eyes to find a lost love. Have a serious chat but don't do battle. A dreamer gets the go-ahead.

SCORPIO ♏
OCT 24-NOV 22
An eccentric person is freed from a load. Someone will complain about naughtiness. Don't torment anyone about past quarrels.

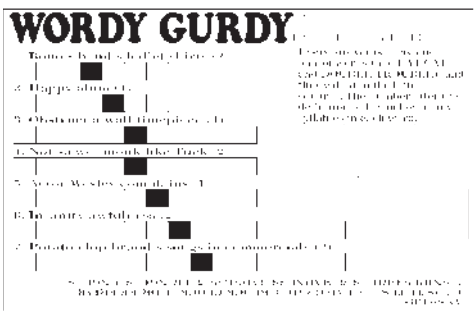
SAGITTARIUS ♐
NOV 23-DEC 21
Don't abandon loved ones who have money problems. Faith in true love changes a love match. An abrupt termination comes under scrutiny.

CAPRICORN ♑
DEC 22-JAN 20
Fear can't keep you from trying something out. A lonely person notices what is said. You'll get satisfaction from someone's removal.

AQUARIUS ♒
JAN 21-FEB 18
You'll be bored by an arrogant fool. A nasty mood provokes a sudden roar. Don't condone bad behaviour and poor judgment.

PISCES ♓
FEB 19-MARCH 20
A sighing friend needs some hearty laughter. A youth can spread as much joy as possible. A faithful person does the accepted thing.

WORDY GURDY



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Taxes & fees: $212

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Antigua via Toronto

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